

Experiencing Hypnotherapy

By Anny Slegten
Reiki Master/Teacher
Master Remote Viewer
Master Hypnotist/Clinical Hypnotherapist.

Hypnosis in its versatility can be used in many ways. I use it to heighten my client's state of awareness, from effect [or symptom] back to cause. We are all born with our personal 'Owners Manual' inside of us and as one knows, "when all else fails, read the instructions".

Like a personal and confidential journal, our perception of everything we have experienced can be found there. With hypnosis, one can consciously access that information. The experience can be compared to being deeply involved in reading a story: Although we know where we are, we become oblivious to our surroundings.

My clients know they are in my office, they know they are talking to me and know what they are sharing with me [and what they are not sharing with me], and by the same token they are "somewhere else". The process is done in privacy. All I have to know is whether my client got their answer or not, so that I can proceed with the session. The details may not be for me to know.

What can you expect? The fascination of discovering the reasons for the way you are, "putting two and two together". What are the results? Living consciously instead of by default, being in control. As a chain is only as strong as its weakest link, we are only as strong as our weakest point. With hypnotherapy, if one wants, one can find the origin of one's "weak spot", be it physical, emotional, mental or financial and make informed choices on what to do or not to do about it, and most of all be at peace.

Anny is a Clinical Hypnotherapist in private practice since 1984. For information on the services and training she offers in this fascinating field, visit www.success-and-more.com

Call today to make your appointment. 1-800-330-5999

Copyright © Success-And-More.com 2007
All rights reserved.